

**School of Extended Learning**  
**Remaining Spring 2019 Fee-Based Classes**  
<https://sbccextendedlearningfee.org/>



<b>Class Name</b>	<b>Class ID</b>	<b>Instructor First Name</b>	<b>Last Name</b>	<b>Location</b>	<b>Class Schedule</b>	<b>Tuition</b>
<b>Practical Meditation for the Active Mind</b>	22417	James	Kwako	Schott Campus	Sat 10:00 AM - 12:00 PM; starting 4/13/2019, ending 4/13/2019	\$19.00
<b>Joy's Spiritual and Healing Power</b>	22361	David	Cumes	Schott Campus	Sat 10:00 AM - 12:00 PM; starting 4/20/2019, ending 4/20/2019	\$19.00
<b>Fragrant Feast: Indian Vegetarian Menu</b>	22354	Farhana	Sahibzada	Schott Campus	Sat 11:00 AM - 2:00 PM; starting 4/20/2019, ending 4/20/2019	\$57.00
<b>Flavor Fusion: Mixing Cultural Food Traditions</b>	22351	Diana	Coburn	Schott Campus	Wed 10:00 AM - 2:00 PM; 2 sessions starting 4/24/2019, ending 5/1/2019	\$92.00
<b>Become a Savvy Traveler</b>	22307	Tara	Stoker	Wake Campus	Thu 5:30 PM - 8:30 PM; starting 4/25/2019, ending 4/25/2019	\$28.00
<b>Causes and Cures of Intestinal Conditions</b>	22419	James	Kwako	Schott Campus	Sat 10:00 AM - 12:00 PM; starting 4/27/2019, ending 4/27/2019	\$19.00
<b>Sauerkraut Master Class</b>	22376	Lauren	Temkin	Schott Campus	Sat 10:00 AM - 12:30 PM; starting 4/27/2019, ending 4/27/2019	\$63.00
<b>Adult Children of Aging Parents</b>	22368	Arlene	Stepputat	Schott Campus	Sat 10:00 AM - 4:00 PM; starting 4/27/2019, ending 4/27/2019	\$49.00
<b>A Passage to Little India</b>	22356	Farhana	Sahibzada	Schott Campus	Sat 8:30 AM - 5:00 PM; starting 4/27/2019, ending 4/27/2019	\$130.00
<b>How to Select the Best Plants When Visiting a Nursery</b>	22304	Billy	Goodnick	Seaside Gardens	Sat 9:00 AM - 12:00 PM; starting 4/27/2019, ending 4/27/2019	\$25.00
<b>Enjoy an Indian Brunch</b>	22355	Farhana	Sahibzada	Schott Campus	Sat 11:00 AM - 2:00 PM; starting 5/4/2019, ending 5/4/2019	\$57.00
<b>Procrastination and Perfectionism</b>	22277	Gloria	(Arenson) Brockway	Schott Campus	Sat 9:00 AM - 1:00 PM; starting 5/4/2019, ending 5/4/2019	\$30.00
<b>Break into Voice Over</b>	22524	David	Lawrence	Schott Campus	Sat 9:00 AM - 3:30 PM; starting 5/4/2019, ending 5/4/2019	\$90.00
<b>Mind and Supermind: Unconditional Wellbeing - How Living Mindfully Can Save the World</b>	22430	Spencer	Sherman	Schott Campus	Mon 7:30 PM - 9:30 PM; starting 5/6/2019, ending 5/6/2019	\$20.00
<b>Happy Heart: Dance to Free your Emotions</b>	22810	Gabriele	Barysch-Crosbie	Schott Campus	Sat 10:00 AM - 1:00 PM; starting 5/11/2019, ending 5/11/2019	\$45.00